

Hot Flowers, Cool Water

By Marie Duncan

Our insulated water bottle carrier will keep your water cool, and your body hydrated on the hot days of summer. Long sketchy stitches make this more of a work of art, than embroidery! The hot summer flower design is 410701, the Monthly Design for August 2010.

Our Water Bottle Carrier uses the August 2010 Monthly Design, #410701. It is free for the month of August, 2010 from www.myembroideries.com. Click on the link,



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After August 2010, the design will be available for purchase from www.myembroideries.com.

Sewing Supplies:

- 40 wt. Robison Anton Embroidery Thread
- Bobbin Thread
- 12" x 15" Cream Cotton for embroidery
- 3/8 Yard of Green Dot Cotton
- Clear B Edge Joining Foot #413058445
- INSPIRA® Tear-A-Way Light Stabilizer
- 1/4" Piecing Foot w/Guide #412927445
- Clear Stitch in the Ditch Foot #412927446
- Sewing Thread
- Large Swivel Clasps
- Large O Rings
- Jumbo Rick Rack
- Steam-A-Seam 2
- Insul-Bright



Cut:

From Green Dot:

- One piece 2" x 10"
- One piece 8 3/4" x 10"
- Two pieces 2 1/2" x width of
- Two pieces 2" x 4" for loops

From Insul-Bright:

- One piece 8 1/4" x 10"



fabric for strap

1. Hoop 12" x 15" Cream Cotton with INSPIRA® Tear-A-Way Light Stabilizer.
2. Embroider #410601 hot summer flower design.
3. Carefully tear off the stabilizer from the back of the fabric.
4. Cut down to 6 3/4" x 10" with the embroidery centered.
5. Place the 2" x 10" green dot strip right sides together along one 10" edge of the embroidered piece. There really isn't a right side up or down to this design, so just pick a 10" side. The green dot will be the bottom of the water holder.
6. Snap on your Clear 1/4" Piecing Foot w/Guide.
7. Thread with sewing thread top and bobbin.
8. Stitch the strip to the embroidered piece.
9. Press the seam towards the green dot.
10. Place the embroidered piece on the 8 1/4" x 10" piece of Insul-Bright.
11. Stitch near the edge in the seam allowance, to secure the Insul-Bright to the embroidered piece.

12. Fold the embroidered piece in half as shown, right sides together and stitch the side and bottom.

13. Repeat for the lining piece but leave a 3" opening in the side seam. The lining is 1/2" taller than the outside.

14. Fold matching the bottom with the side seam and measure in 1 1/4". Mark across the triangle. Repeat for the other side as shown.

15. Stitch across the marked lines. Cut off the excess fabric.

16. Repeat for the lining.

17. Place the lining and the outer carrier right sides together and stitch around the top. Turn through the opening.

18. Topstitch the opening closed, very near the edge.

19. Because the lining is 1/2" taller than the outside, it will show 1/4" on the top edge. Snap on your Clear Stitch in the Ditch Foot.

20. Topstitch in the ditch of that seam.

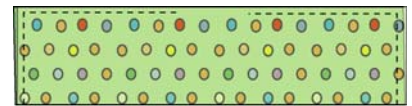
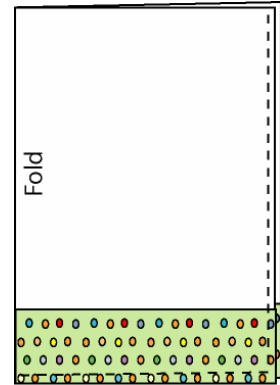
21. Fold so that the seam is in the center and mark with a pin the two sides for the placement of the strap.

22. Fold the 2" x 4" green dot pieces in half to measure 1" x 4". Stitch the short ends and long edge leaving a 1" opening along the long edge as shown.

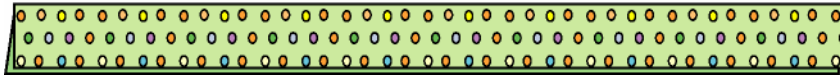
23. Turn, press. Insert Steam-A-Seam 2 in the opening and press with steam to fuse.

24. Insert the loop piece into the clip and pin. Topstitch in the ditch of the seam through all the layers to attach the loop.

25. To make the strap, fold the 2 1/2" x width of fabric piece in half, wrong sides together and press.

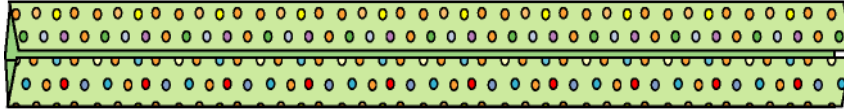


Fold



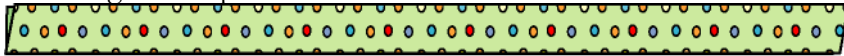
26. Open out and bring each edge to the center fold, and press.

Fold



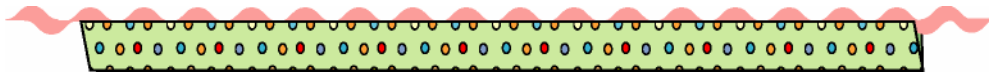
Fold

27. Fold again and press.



Fold

28. Insert Jumbo Rick Rack into the open side as shown.



Fold

29. Snap on your Clear B Edge Joining Foot.
30. Select center needle position straight stitch. Move the needle position several clicks to the left.
31. Align the flange in the center of the foot with the edge of the strap. Topstitch the open edge of the strap, securing the rick rack in place.
32. Insert the strap into one of the rings. Fold under the end to finish and topstitch to hold the strap to the ring. Clip to your water bottle holder and try it on for size. Now is the time you can shorten the strap if you want to. After you have determined the length of the strap, repeat for the other ring.

Off you go!