

Husqvarna Viking Fabric Mover with Stitch Regulator Sunflower Free Motion Fabric Framed Picture

Created by Carol Ingram

The beautiful Sunflower Free Motion Fabric Picture is featured on the Husqvarna Viking Fabric Mover with Stitch Regulator box. Now you can create one to hang in your home. Your Husqvarna Viking Fabric Mover with Stitch Regulator makes it easy!

Finished size –whatever you desire. Choose a ready made frame large enough for the Sunflower Pattern then create to fit!



Sewing Supplies:

Pattern for Sunflower included with these instructions. Enlarge if desired on copy machine.

1/2 yard (more or less depending on size of frame) gold mottled background cotton fabric

Soft and Sheer Light Weight Cut-A-Way Stabilizer

Solvly Water Soluble Stabilizer

Cotton batting

Topstitch Needle size 90

30 weight cotton thread in dark, medium, and light brown and rust color plus Blendables in these colors

Sulky Polyester Smoke Invisible Thread for Bobbin

1. Trace the sunflower design onto Solvly water soluble stabilizer with a permanent fine Sharpie Marking Pen
2. Layer an 18" x 22" piece of gold mottled background fabric on top of cotton batting and with Soft and Sheer Light Weight Cut-A-Way Stabilizer underneath. This should be larger than your frame size. You can trim it to size after stitching.
3. Place the Solvly pattern on top. You can hold it in place by slightly dampening the under side of the water soluble and "sticking" it in place.
4. Set up your Husqvarna Viking with the Fabric Mover with Stitch Regulator. Consult the instructions and/or the DVD that came with your Husqvarna Viking Fabric Mover with Stitch Regulator for more information about set up. Set stitch length dial on the Stitch Regulator "brain" in the center—about 2.5 stitches per inch.
5. Put in a size 90 topstitch needle and thread with Dark Brown 30 weight cotton thread on top and smoke invisible thread on the bobbin. (Remember to wind bobbins only half full, and slowly when using invisible thread.)

6. Place the fabric sandwich onto the Fabric Mover surface. Set your machine for free motion sewing. Consult your Users Guide for instructions on how to do this. Be sure to lower the presser foot if it does not lower automatically on your Husqvarna Viking model because this engages top tension. Select needle stop down and place the needle down on one of the marked lines of the petals near the center.



7. Place your foot on the “foot switch” and hold the switch down. Take 3-4 stitches in place then begin moving the Fabric Mover surface guiding the surface so you stitch outward from the center of the sunflower along the marked lines of the petals. Stop after a few stitches and cut your thread tail. Continue stitching, outlining the petals as shown.
8. Continue stitching the outline of the petals stitching from the center of the flower out with the straight stitch.



9. Remember—you do not need to control the speed of the sewing, your Stitch Regulator does all the work for you. And you do not push the fabric as you sew, instead, simply move the Fabric Mover surface. There will be no stitching except in place until you move the Fabric Mover surface. When you reach the edge of the Fabric Mover opening, stop with the needle down, lift the fabric sandwich and move the Fabric Mover surface to the next area to be stitched. Once you have stitched the petals begin to stitch the center. Fill in the space between the petals, in the center, as shown.



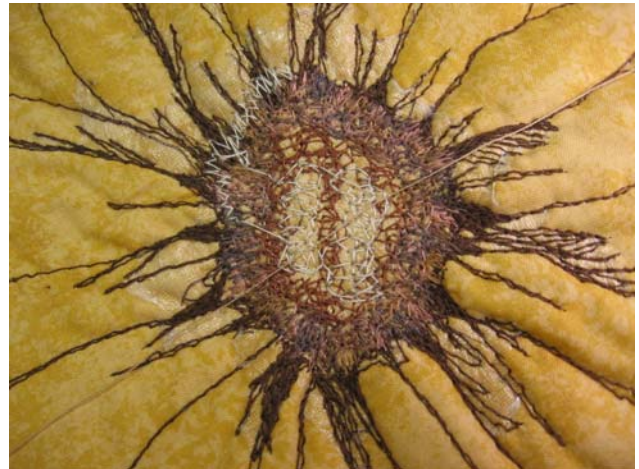
10. Add further detail to the petals themselves, stitching back and forth creating a “shadow” effect at the edge of some of the petals.

11. Change to a different color, we used a Blendable here. Stitch around the center going back and forth, radiating like the spokes of a wheel, to create the outer rim of the center of the sunflower.



12. Using several other shades, fill in the center using a circular motion sewing little circles of stitching. Set the stitch length dial on the Stitch Regulator™ toward the left picture of small stitches to shorten the stitch length. Work from the outside in.
13. Change threads using some darker and some lighter. Continue to fill in with circular stitching. You don't have to fill it in completely; it is nice if a bit of gold fabric shows through.

14. Once the sunflower is stitched, tear off the Solvy and stipple quilt around the petals with a small stipple stitch then move the fabric mover to create a larger stipple design as you quilt toward the edges of the fabric.



15. Carol framed her Sunflower in a purchased frame by trimming the fabric larger than the frame, placing it on a piece of foam core and wrapping the excess to the wrong side of the foam core and stapling it in place. Finally, place the foam core into the frame and staple brown paper over the back. Enjoy!

