

Go Green!

By Marie Duncan, Education Creative Coordinator

This “green” table runner will freshen up even the dullest winter doldrums! It just makes you feel the fresh smells and vibrancy of spring!

Sewing Supplies:

Husqvarna Viking Sewing/Embroidery Machine

21” x 58” Linen or Desired Size

40 wt. Rayon Embroidery Thread

30 wt. Cotton Embroidery Thread

Bobbin Thread

Size 90 Inspira Topstitch Needle

Inspira Tear-A-Way Light Stabilizer # 141000820

1/2” wide Steam-A-Seam 2 #140000196

10mm Hemmer #412 01 76-45 (Machine Groups 1,2,3,4,5,6,or 7 but not the Emeralds or Sapphires) OR

10mm Hemmer #412 99 00-45 (Sapphires)

Gimping foot #412 58 05-45

Pear Crown Rayon Cord



1. Download the May 2008 Design from www.husqvarnaviking.com. It is free for two months, then will be available for purchase from www.myembroideries.com.
2. Hoop Inspira Tear-A-Way Light Stabilizer. Place your hoop in your machine. Place your linen on the hooped stabilizer. Thread with either 40 wt. rayon embroidery thread or 30 wt. cotton thread on top and bobbin thread in the bobbin. Touch FIX to baste the fabric to the stabilizer. We stitched the design randomly over the length of the runner fabric repeating it 12 times. Keep the embroidery 2” in from the edges. If desired, you can print the designs and arrange them before stitching, but we just made sure each design overlapped the previous one by an inch or so.
3. After your embroidery is complete, tear off the excess stabilizer.
4. Thread with sewing thread to match your fabric top and bobbin. Snap on your “A” foot. Select straight stitch. Snap the 10mm Hemmer in place. Fold the hem to the right side of your runner starting on the sides. Adjust your needle position so you will be sewing right on the edge of the fold. Stitch a 10mm hem on each long side of the runner.
5. Remove the 10mm Hemmer. Snap on your Gimping Foot. Thread Pearl Crown Rayon cord into the guide on the front of your Gimping Foot. Select your pre-programmed 2.0mm Satin Stitch F1:3. If you don’t have a pre-programmed satin stitch on your Husqvarna Viking, select a zig zag, set the width to 2.0 and the length to .5. Stitch over the edge of the hem. You want the satin stitch to just go off the folded edge, and stitch over your straight stitching.
6. To finish the ends, repeat by straight stitching a 10mm hem first, then gimping over it.