

Kitchen Towel

Create this wonderful, cross stitched kitchen towel with a recipe for apple sauce “stitched” right in.

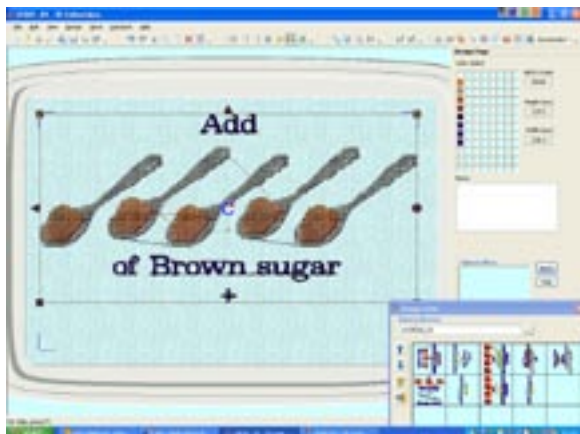
1. Click on Start at the bottom left of your computer screen.
2. Go to All Programs.
3. Find 3D Embroidery System and click on 3D Embroidery (or click on 3D Cross Stitcher if you have the stand alone 3D Cross Stitcher). Quick Link to 3D Cross Stitcher on the top tool bar.
4. Click on Load Picture and the Picture Wizard appears.
5. Load Picture and load the apple that is found in the download file “illustrations.jpg”. Click Next.
6. Click and drag the handles on the crop box until the box is directly around the apple.
7. On the left side of the window, change the hoop size height to be 29 (make sure the cross size is 1,6 mm and proportional is checked).
8. Click Background Only to use the “apple” as a background image.
9. On the right side of the page, choose the bright red color by left clicking on it.
10. On the left side of the page, left click on the full cross icon.
11. Using the picture as a guide, left click in the grid boxes over the red color.
12. Continue to fill in the red grid boxes.
13. Now choose a yellow color on the right side. This will be the shine on the apple.
14. Using the full cross, fill in the yellow color.
15. Choose a brown for the stem.
16. Fill in the stem.
17. To get a better idea of how your apple will look, click on the Picture icon at the top. This will hide the background picture, showing you only the crosses. Click on the Picture icon again to retrieve the background picture.
18. Add crosses (left click) or remove crosses (right click) in the specific colors until your apple is the shape you want.
19. Go to File and Save As your apple as apple.krz file in the MyDesigns folder. This .krz file can be changed in 3D Cross Stitcher.
20. Now go to the top menu bar and click on 3D Create Stitches. Save this as apple.vp3 in the MyDesigns folder.
21. Following the same basic procedure as you did for the apple (4 – 20), load the brown sugar spoon. Use a hoop height of 40 with 1.8 mm crosses. Fill in the crosses in the proper colors. You may wish to click on the Quarter Crosses on the left side of the screen to make smoother curves. (quarter crosses fill in only 1/4 of the grid box)
22. Save as bsugar.krz and bsugar.vp3.

23. Load the white sugar spoon (see 4 – 20). Use hoop height of 40 with 1,8 mm crosses. Fill in the crosses.
24. Save as wsugar.krz and wsugar.vp3.
25. Load the cinnamon stick (see 4 – 20). Use hoop height of 14 with 1,8 mm crosses. Fill in the crosses. You may wish to try the Half Height or Half Width crosses on the left side of screen to make an even cinnamon stick.
26. Save as cinnamon.krz and cinnamon.vp3.
27. Load the vanilla bean (see 4 – 20). Use hoop height of 24 with 2.0 mm crosses. Fill in the crosses. Use Quarter, Half Height and Half Width crosses as needed.
28. Save as vanilla.krz and vanilla.vp3.
29. Load the star anise. Use hoop height of 20 with 2.0 mm crosses. Follow the dark outer background and complete an outline of the star using Whole, Half Height, Half Width and Quarter crosses.
30. Click on the Flood Fill on the left side of the screen. Choose a lighter color and then click in the middle of your outline. This will fill in the whole inside area. If you have an opening in your outline the crosses will “spill out”.
31. Save as anise.krz and anise.vp3.
32. Load the leaf (see 4 – 20). Use hoop height of 12 with 2.0 mm crosses. Fill in the crosses. Use three kind of green, the darkest in the middle.
33. Save as leaf.krz and leaf.vp3.
34. You're now ready to create lettering and get your “recipe” ready for stitching. It will take 5 horizontal hoopings of the 240 x 150 hoop to finish your towel.
35. Quick Link to or open 3D Embroidery Studio.
36. In Preferences, choose the 240 x 150 mm Large hoop in the horizontal position.
37. Go to the Letter tab and choose your favorite font (we have chosen Clarence in the Traditional category). The size should be approximately 15 to 12 mm and the line type should be horizontal line. Check Multiple to have more than one set of letters on the screen at one time. Apply.
38. Type in “Spicy” in size 20 mm. Apply.
39. Type in “Apple Sauce” in size 20 mm. Apply.
40. Bring in 3 cross stitched leaf, place it under Apple Sauce.
41. On the Letters tab, type in “Cut” in size 12 mm. Apply.
42. Go to View and load your cross stitched apple, 4 times.
43. Combine designs and then ColorSort.
44. Save as hoop1.vp3.



45. You're now ready for the second hooping. Get a new page.
46. On the Letters tab type “Add”. Size should be 12, Horizontal Line type. Apply.

47. View and load 5 cross stitched bsugar (tablespoons of brown sugar).
48. Go back to the letter tab and type in “of Brown Sugar”. Apply.
49. Type in “+”. Apply.
50. Combine and ColorSort your design.
51. Save as hoop2.vp3.



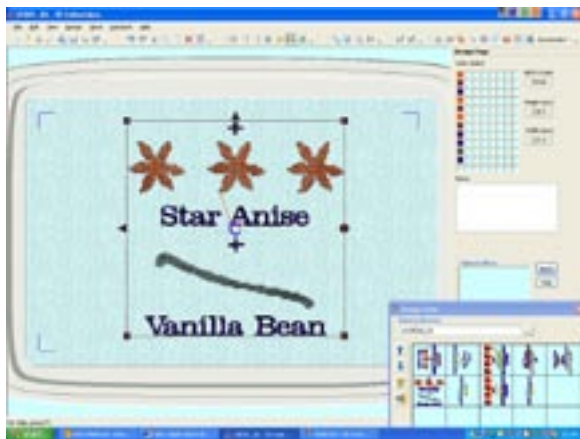
52. Get a New page.
53. View and load 5 cross stitched wsugar (tablespoons of white sugar).
54. Type in “of Sugar”. Apply.
55. On the Letters tab, type in “+”. Apply
56. View and bring in the cross stitched cinnamon stick.
57. Type in “Cinnamon Stick”. Apply.
58. Combine and ColorSort your design.
59. Save as hoop3.vp3.



60. Get a New page.
61. Go back to the letter tab and type in “+”. Apply.
62. View and load 3 cross stitched Star anis.
63. Type in “Star Anise”. Apply.
64. Type in “+”. Apply.
65. Bring in the cross stitched vanilla bean.
66. Add the following lettering, “Vanilla Bean”.

67. Combine and ColorSort your design.

68. Save as hoop4.vp3.



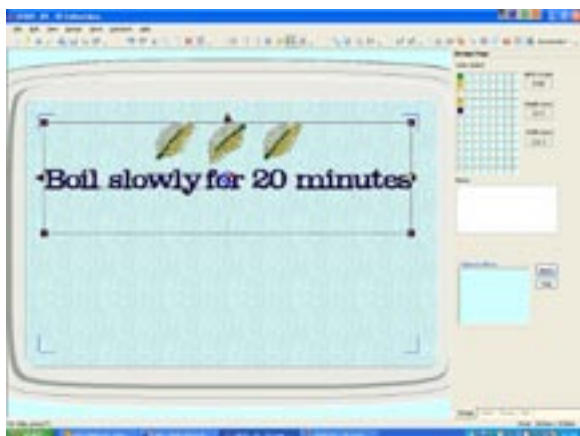
69. Get a New page.

70. Bring in 3 cross stitched leaf.

71. Go back to the letter tab and type in “Boil slowly for 20 minutes”. Apply.

72. Combine and ColorSort your design.

73. Save as hoop5.vp3.



You're now ready to stitch out.

74. Mark the center of your towel. (You can press a fold down the center of the towel for marking.)

75. With a tear away stabilizer under, hoop both the stabilizer and the towel.

76. Transfer hoop 1, hoop 2, hoop 3, hoop 4 and hoop 5 to a USB Embroidery Stick.

77. Stitch out each hooping, aligning the center line with the center side hoop lines.

Enjoy your stitched “Spicy Apple Sauce”.



 **Husqvarna**

VIKING