





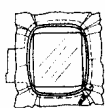
## Blooming Flowers with Pop-up Embroideries

by Lena Mattsson

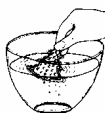
### Embroidery Collection 162

The \* star symbol and  scissors symbol indicate that the design is an appliqué. An appliqué is always done with fabric. The \* indicates it is time to place the appliqué fabric on top of the stabilizer. The  indicates that you should trim away the excess fabric from the appliqué, but don't trim the stabilizer. Don't remove the stabilizer or fabric from the hoop.

The  triangle symbol indicates that the design uses pop-up embroideries. The  symbol in the color order indicates when to place the “pop-up” element in the design.




The symbol with the hoop and water bowl indicate that the design is to be stitched on Heavy Weight Water Soluble stabilizer, then soaked in warm water to remove the stabilizer.




### Designs 1 and 2:

#### Design 1:



Stitch design 1 first. Hoop water soluble stabilizer such as Aqua Magic or Fabric Solvy.

After color 1, \* place silk or organza on top of the stabilizer. After color 2,  trim away the fabric, but leave the stabilizer. When complete, soak to remove the stabilizer.

#### Design 2:

Design 2 on page 5 is shown two different ways. The first, at the top of the page shows it as an appliqué. Hoop water soluble stabilizer such as Aqua Magic or Fabric Solvy. After color 1, \* place silk or organza on top of the stabilizer. After color 2,  trim away the fabric, but leave the stabilizer. When complete, soak to remove the stabilizer.

The second, at the bottom of the page shows it as the pop-up version. To do the pop-up version, stitch design 2, Hoop water soluble stabilizer such as Aqua Magic or Fabric Solvy.

After color 1, \* place silk or organza on top of the stabilizer. After color 2,  trim away the fabric, but leave the stabilizer. After color 3, place the flower you created with design 1 on top of the flower in the hoop, and the last color, 4  will attach the smaller flower to the larger one. When complete, soak to remove the stabilizer.

## Designs 3 and 4

### Design 3:

Stitch design 3 first. This is a free standing embroidery, indicated by the stabilizer and bowl symbol.




Hoop water soluble stabilizer such as Aqua Magic or Fabric Solvy. Stitch all three colors and trim around the design. Don't remove the stabilizer yet.



### Design 4:


Design 4 on page 7, is shown stitched two different ways.

At the top of the page, it is stitched on fabric as a regular design.

At the bottom of the page it is shown as a pop-up design. To stitch design 4 as a pop-up design, hoop garment fabric with Tear-A-Way stabilizer. Select Design 4. Stitch color 1 which is the placement circle. After color 1 is complete,  place design 3 still on water soluble stabilizer, on the placement circle. Continue to stitch Design 4. After the embroidery is complete, soak to remove the water soluble stabilizer.

## Designs 5 and 6:


### Design 5

Stitch design 5 first. Hoop water soluble stabilizer such as Aqua Magic or Fabric Solvy. After Color 1, \* place silk or organza. After color 2,  trim away the fabric, but leave the stabilizer. Don't remove from the stabilizer. Just trim around it.

### Design 6:


Design 6 on page 8 is shown two different ways. In the middle of the page, it is sewn, stitched as a regular design on fabric.

At the bottom of the page, it is shown as a pop-up embroidery.

To stitch design 6 as a pop-up embroidery, hoop garment fabric with Tear-A-Way Stabilizer. Stitch color 1 which is placement. After color 1 is  complete, place design 5, still on the stabilizer, on the placement circle. Continue to stitch the remainder of the design. When complete, soak to remove the water soluble stabilizer.

## Designs 7 and 8:


### Design 7

Stitch design 5 first. Hoop water soluble stabilizer such as Aqua Magic or Fabric Solvy. After Color 1, \* place silk or organza. After color 2,  trim away the fabric, but leave the stabilizer. Don't remove from the stabilizer. Just trim around it.

### Design 8:


Design 8 on page 9 is shown two different ways. In the middle of the page, it is sewn, stitched as a regular design on fabric.

At the bottom of the page, it is shown as a pop-up embroidery.

To stitch design 8 as a pop-up embroidery, hoop garment fabric with Tear-A-Way Stabilizer. Stitch color 1 which is placement. After color 1 is  complete, place design 7, still on the stabilizer, on the placement circle. Continue to stitch the remainder of the design. When complete, soak to remove the water soluble stabilizer.

## Designs 9 and 10:


### Design 9

Stitch design 9 first. Hoop water soluble stabilizer such as Aqua Magic or Fabric Solvy. After Color 1, \* place silk or organza. After color 2,  trim away the fabric, but leave the stabilizer. Don't remove from the stabilizer. Just trim around it.

### Design 10:

Design 10 on page 10 is shown two different ways. In the middle of the page, it is sewn, stitched as a regular design on fabric.

At the bottom of the page, it is shown as a pop-up embroidery.

To stitch design 10 as a pop-up embroidery, hoop garment fabric with Tear-A-Way Stabilizer. Stitch color 1 which is placement. After color 1 is  complete, place design 9, still on the stabilizer, on the placement circle. Continue to stitch the remainder of the design. When complete, soak to remove the water soluble stabilizer.

## Designs 11 and 12:


### Design 11

Stitch design 11 first. Hoop water soluble stabilizer such as Aqua Magic or Fabric Solvy. Stitch all three colors. When the embroidery is complete, don't soak the stabilizer yet, just trim around it.

### Design 12:

Design 12 on page 12 is shown two different ways. At the bottom of the page, it is sewn, stitched as a regular design on fabric.


On page 13 it is shown as a pop-up embroidery.

To stitch design 12 as a pop-up embroidery, hoop garment fabric with Tear-A-Way Stabilizer. Stitch color 1 which is the placement circle. After color 1 is  complete, place design 11, still on the stabilizer, on the placement circle. Continue to stitch the remainder of the design. When complete, soak to remove the water soluble stabilizer.

## Designs 13, 14, 15, 16, 17 and 18:

Design 18 can be stitched two different ways. The first example, for a "flat" embroidery design with no pop-up elements has you skip colors 6 – 14. It will give you a flat, un-dimensional design. Stitch 18 only.

If you want a three dimensional design, stitch designs 13, 14, 15, 16 and 17 first on water soluble stabilizer such as Aqua Magic or Fabric Solvy. Soak in water to remove stabilizer. Let dry, press.

Then, following the list on page 15, hoop garment fabric and embroider colors 1 – 6. Color 7 attaches design #13. Look at the photos to see where to place  each section of the design. Finish the embroidery, following the list and photos given.



## **Designs 19, 20 and 21:**

**Design 21** can be stitched without pop-up leaves as pictured on page 17.


For Pop-up Design on page 18:

### **Designs 19 and 20:**

Begin by stitching designs 19 and 20 on water soluble stabilizer such as Aqua Magic or Fabric Solvy. When complete, soak to remove the water soluble stabilizer. Let dry and press.

**Design 21:** Hoop garment fabric with Tear-A-Way Stabilizer. Stitch color 1 which is placement. After color one is complete, place  design 19, on the placement line. See page 18 for detailed photos. Stitch color 2. Place  design 20 on the placement line as shown. Continue to stitch the remainder of the design.

## **Design 22:**

Hoop garment fabric. After color 4, \* lay appliqué fabric for flower center. After color 5,  trim away the excess fabric. Continue to stitch the remainder of the design.

## **Design 23 and 24:**

These 1 embroideries are to be stitched directly on fabric hooped with stabilizer.

## **Design 25 and 26:**

Design 25 is stitched on water soluble stabilizer such as Aqua Magic or Fabric Solvy. When complete, soak to remove the water soluble stabilizer. It is a pop-up compliment element to design 26, but is not incorporated in design 26 as pictured on page 23.

Design 26 is complete embroidery to be stitched directly on fabric.

## **Design 27 and 28:**

Design 27 is stitched on, water soluble stabilizer such as Aqua Magic or Fabric Solvy. When complete, soak to remove the water soluble stabilizer. Let dry and press. It is a pop-up compliment to design 28, but is not incorporated in design 28 as pictured on page 25.


Design 28 is complete embroidery to be stitched directly on fabric.

## **Design 29 and 30:**

Begin by stitching design 29 on water soluble stabilizer such as Aqua Magic or Fabric Solvy. When complete, soak to remove the water soluble stabilizer. Stitch as many as you would like, to compliment Design 30.

Hoop garment fabric with Stabilizer. Embroider design 30. Place your Design 29 pop-up flowers randomly on the finished embroidery and bartack in place as pictured on page 26.

## Design 31 and 32:

Design 31 is an appliqué. Hoop water soluble stabilizer such as Aqua Magic or Fabric Solvy. After color one traces the design area, \* lay the appliqué fabric. After color 2 is complete,  trim the excess fabric but leave the hooped stabilizer intact. When complete, soak to remove the water soluble stabilizer. Let dry and press.

Design 32 is a complimentary design to design 31 but does not incorporate design 31. Stitch Design 32 on fabric, hooped with Stabilizer.

## Designs 33, 34 and 35:


Begin by stitching designs 33 and 34 on water soluble stabilizer such as Aqua Magic or Fabric Solvy. When complete, soak to remove the water soluble stabilizer. Let dry and press. Stitch as many as you would like, to compliment Design 35. Hoop garment fabric with Stabilizer. Embroider design 35. Place your Designs 33 and 34 flowers randomly on the finished embroidery and bartack in place as pictured on page 30.

## Designs 36, 37, 38, 39, 40 and 41:


Design 41 can be stitched two different ways. The first example, for a “flat” design has you skip colors 10 – 19. It will give you a flat, un-dimensional design. Stitch design 41 only. If you want a three dimensional design, stitch designs 36, 37, 38, 39 and 40 first on water soluble stabilizer such as Aqua Magic or Fabric Solvy. When complete, soak to remove the water soluble stabilizer. Let dry and press.

Then, following the list on pages 36 and 37, hoop garment fabric and embroider colors 1 – 9. Color 10 stitches placement for the first petal. Color 11 attaches design #36. Look at the photos to see where to place each section of the design. Finish the embroidery, following the list and photos given.

## Design 42:

Design 42 is raw edge appliqué. Hoop garment fabric with stabilizer. Stitch colors 1 through 4. After color 4, \* lay appliqué fabric. Stitch color 5. Trim  appliqué fabric approximately 1/8” from the stitching.

## Design 43:

Design 43 is traditional appliqué. Hoop garment fabric with stabilizer. Stitch color one. After color one is complete, lay appliqué fabric. After color 2 stops,  trim excess appliqué fabric. Then stitch colors 3 and 4.