

# Husqvarna Viking Fabric Mover with Stitch Regulator Trapunto Double Rose Wall Hanging

Created by Carol Ingram

Trapunto Technique featured in Dimensional  
Concepts with Sulky

Create this beautiful Trapunto Double Rose  
Wall Hanging with an easy Trapunto technique  
developed by Quilt Artist Harri Walner. Your  
Husqvarna Viking Fabric Mover with Stitch  
Regulator makes it easy!

Finished size approximately 23" x 23"

## Sewing Supplies:

Pattern for Double Rose Design

16 1/2" x 16 1/2" square of white or off white  
cotton fabric for trapunto center

14" x 14" piece of high loft polyester batting for  
trapunto technique

16" x 16" piece of Sulky Soft and Sheer  
Stabilizer

23" x 23" square of cotton batting

1/4 yd. bright solid color for framing strip (optional)

1/4 yd. print for borders

25" x 25" square of print fabric for backing

Topstitch Needle size 90

Wash-A-Way water soluble basting thread #644320

Clear invisible thread

Cotton or Rayon thread for free motion sewing

Sewing thread for construction

Husqvarna Viking Clear 1/4" Piecing Foot with Guide #412927445

Husqvarna Viking Left Edge Topstitch Foot #412 78 42-45

1/4" wide Steam-A-Seam 2 #140000195

Quick Easy Mitred Binding Tool #140002480

1/4" seam allowances throughout

1. Tape the two parts of the Double Rose pattern together.
2. Place white or off white square on a light box or a window over the Double Rose pattern and trace the design onto the fabric with a fabric marking pen.



3. Thread your Husqvarna Viking with sewing thread top and bobbin and set for sewing, straight stitch, stitch length 2.5.



### Optional Framing Strip:

1. Carol framed the center square with a bright colored narrow strip to make it “pop”. Rotary cut two strips 1” wide across the 45” width of the fabric. Fold the strip wrong sides together and press.
2. Snap on your 1/4” Piecing Foot with Guide and place the edges of the strip with the raw edge of the white square. Place all raw edges against the guide on the foot and

straight stitch the narrow strip to all edges of the trapunto square. It’s easy to start by stitching the strip to the top edge, then the bottom edge, then both side edges.

### Borders:

1. Rotary cut two strips 3 3/4” wide across the 45” width of the fabric. Snap on the 1/4” Piecing Foot with Guide and place the strips right sides together with the edges of the trapunto square. Straight stitch borders around the trapunto square with raw edges against the guide in the foot. It’s easy to start by stitching the borders to the top edge, then the bottom edge, then both side edges. Now your wall hanging top is finished. Except for the quilting.

### Quilt:

1. Set up your Husqvarna Viking with the Fabric Mover™ with Stitch Regulator. Consult the instructions and/or the DVD that came with your Husqvarna Viking Fabric Mover with Stitch Regulator for more information about set up. Set stitch length dial on the Stitch Regulator “brain” in the center—about 2.5 stitches per inch.
2. Put in a 90 topstitch needle and thread with Wash-A-Way thread on top and invisible or bobbin thread in the bobbin. Set your Husqvarna Viking machine for free motion sewing, straight stitch.
3. Place the high loft batting behind the traced design and put stabilizer underneath.
4. Place the fabric sandwich onto the Fabric Mover surface. Be sure to lower the presser foot if it does not lower automatically on your Husqvarna Viking model to engage the thread tension. Select needle stop down and place the needle down on the marked line of the **outside** of the rose design.
5. Place your foot on the “foot switch” and hold the switch down. Take 3-4 stitches in place then begin moving the Fabric Mover surface guiding the surface so you stitch all the way around the outside of the rose design. **Do not stitch other lines of the design yet.**



- Remember—you do not need to control the speed of the sewing; your Stitch Regulator does all the work for you. And you do not push the fabric as you sew, instead, simply move the Fabric Mover surface. There will be no stitching except in place until you move the Fabric Mover surface. When you reach the edge of the Fabric Mover opening, stop with the needle down, lift the fabric sandwich and move the Fabric Mover surface to the next area to be stitched.
- Remove the fabric from the Fabric Mover. Trim away the stabilizer and trim up to the stitching to trim away the high loft batting outside the rose design. Now the center rose design of your wall hanging will be very puffy for “easy trapunto”. This original stitching can be removed when the project is finished by spraying it with water.



### Batting and Backing:

- Re-thread with cotton sewing thread top and bobbin.** Place the cotton batting square under the wall hanging top and stitch around the outside with a 3-step zigzag to stitch the edges together.
- The backing is cut 1” larger than the batting and top all the way around so that the edges can be folded to the front to create the ½” binding. Place the backing wrong side up and center the wall hanging top/batting on top and baste the layers with temporary spray adhesive or safety pins.

### Quilting:

- Thread with cotton or rayon thread top and bobbin. Place the wall hanging onto the Fabric Mover surface. Step on the “foot switch” and move the Fabric Mover surface. Begin by stitching free motion around the outside of the rose design stitching over your Wash-A-Way thread stitching then stitch over all the marked lines in the rose design to create the trapunto detail of the roses.
- Once the roses are quilted, move to the area around the roses and stipple stitch open swirling stitch designs up to the borders. If you stitched the optional framing stitch, do not catch this in the stippling. Continue stippling the borders

### Binding:

- Fold the raw edge of the backing toward the wall hanging top ½”. The raw edge of the backing should be against the edge of the top. For perfect mitred corners use the Mitred binding tool. Fold the backing over the edge of the top and pin or fuse in place with Steam a Seam fusible web strips.
- Snap on the Left Edge Topstitch foot. And select a blanket stitch or buttonhole stitch and stitch the binding in place with the right side up.

Enjoy!!



